

You will be provided the respiratory tools needed to overcome your chronic illness.



Learning to utilize different muscles will help you gain control of your breathing.



Our services are covered by Medicare and most private insurance carriers.

Exercising will improve energy levels and strengthen your muscles so that you can do more.

Why Pulmonary Therapy?

Shortness of Breath/
Trouble Breathing

- Strengthen lungs and surrounding muscles
- Education on oxygen use
- Learn new breathing and oxygen conservation techniques

Fatigue/
Weakness

- Increase stamina
- Strengthen key muscles
- Increase confidence
- Get back in shape in a controlled, safe, and supportive environment

Chronic Cough/
Illness

- Strengthen Lungs
- Clear lungs using breathing tools and breathing techniques
- Build strength to fight future infections

BREAK THE CYCLE



BREATHING CENTER OF HOUSTON will help you break this cycle and give you the ability to overcome this progressive disease, regardless of the stage you are in. Beginning an exercise program is one of the most important steps in this process. Our team of healthcare professionals will guide you every step of the way as we tailor a program to fit your specific needs and goals.

You CAN get your quality of life back!

Pulmonary Therapy services are covered under the majority of plans.
Breathing Center of Houston accepts Medicare and most private insurance carriers.
For more information, including referral forms, please visit www.bchouston.com or call (713) 660-0663.